

FOUNTAIN

MONTHLY CLUB NEWS BULLETIN

ROTARY CLUB OF DELHI CENTRAL

Rtn. Stephanie A. Urchick
RI President 2024 - 25

Rtn. Dr. Mahesh Trikha
District Governor 2024 - 25

Rtn Padmini Parameswaran
Club President 2024 - 25

Rtn Pradeep Batra
Club Secretary 2024 - 25



INTERACT INSTALLATION AT DTEA LODHI ESTATE



If you can't fly then run, if you can't run then walk, if you can't walk then crawl,
but whatever you do you have to keep moving forward.

.....Martin Luther King Jr.

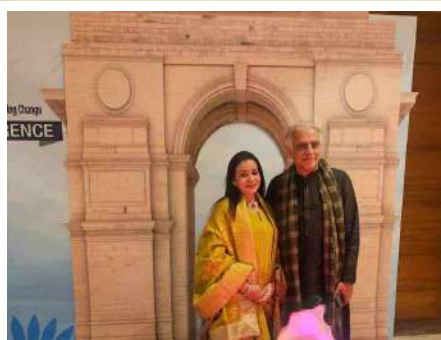
DISTRICT CONFERENCE --SANSKRITI

4 and 5 January: It was a wonderful two days of teaching and learning, motivational addresses by inspirational leaders, launching the District Conflict Resolution Centre, entertainment by a well known Sufi Singer and an exciting election in which Rtn Dr Pushpa Sethi emerged victorious ! Congratulations DGND Rtn Dr Pushpa Sethi !!

Rotary Club of Delhi Central had also booked an exhibition booth at the event at which we showcased RDK and all our signature projects.

We thank Rtn S.L Sharma, Rtn Sushil Malhotra and Sujata, Rtn Sunil Jain and Rtn Poonam Jain and Rtn Sanjay Aggarwal and Rtn Shashi Aggarwal for being Patron Sponsors of the event and all other Members -- PDG Rtn Ranjan Dhingra, AKS RRFC PDG Rtn Dr N. Subramanian, Dr Lalitha, Rtn C.Raghunath, Rtn Anil Ahuja and Rtn Tina Ahuja for their attendance and participation.





BOARD MEETING

18 January : The Members of the Board met at The United Services Institute to discuss the way forward on several aspects. We had also invited Members of RCDC Board 2025-26 to ensure continuity. Dr Neelam Sethi also handed over a Certificate of Appreciation from the Government Agencies for the commendable work the Club is doing in the area of TB eradication.



CLUB ASSEMBLY AND FELLOWSHIP

19 January : We started with a quarterly review of all the work done and covered in the last quarter. Members might recall we had another meeting of a similar kind on 29 September also. The Club Meeting was followed by a fellowship over music and drinks were sponsored by President Rtn Padmini Parameswaran to thank the club for their support for Saksham Divyang -- RDCCT Fundraiser Event that was held in November.

It was a colourful evening and everyone enjoyed the songs sung by our immensely talented Members.





ROTARY 7 FOCUS AREAS



Basic Education & Literacy



Maternal & Child Health



Peace & Conflict Prevention/Resolution



Disease Prevention & Treatment



Water, Sanitation & Hygiene



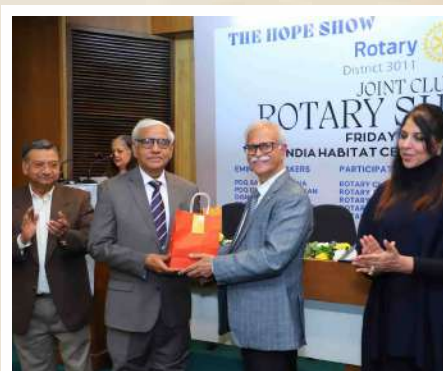
Community & Economic Development



Support the Environment

THE HOPE SHOW

24 January : AKS RRFC PDG Rtn Dr. N.Subramanian was in action once again and he spoke on the TRF -- a subject that is evidently close to his heart and about which he can wax eloquent for hours on end with an undying passion. The Hope Show was hosted by several clubs of the District who are a harbinger of Peace and Conflict Prevention/Resolution in the month to follow. Several Members of the Club attended the event.





SPEAKER MEETING

25 January : Members of RCDC spent a wonderful afternoon with Transformation Enabler, Resource Person, Corporate Trainer Dr Surya Narain Subedi (ENFP) who conducted an interactive session on 'INTERPERSONAL EXCELLENCE'. It was a thoroughly enjoyable afternoon and he had organised a lot of quizzes and workshops for the participants. It was definitely what we needed -- a refreshing change from the monotony that can set in if we only carried on in regular formats.





INTERACT CLUBS INSTALLATION

28 January: RCDC adds another feather in it's cap when we Chartered two Interact Clubs - Interact School of DTEA Pusa Road and Interact School of DTEA Lodhi Estate. While both clubs were chartered in mid January, DTEA Lodhi Estate had their installation ceremony on the 28th of January.

We thank Club Director Youth Services PP Rtn C.Raghunath and Rtn Mukta Raghunath for following up on the process and making it happen. The Club also launched two projects on the day :

Inauguration of a Plastic Warrior Bin donated by Rtn Dr.Lalitha and a training cum.awareness session conducted by AKS RRFC PDG Rtn Dr N.Subramanian.

The Club also thanks all Members who participated in the event and Rtn Poonam Jain for helping in getting the Plastic Bin delivered to the school.







VISIT TO PRAJNA FOUNDATION

31 January : Thank you, PP Rtn Vandana Sinha and PP Rtn R.K. Sinha for inviting us over to the Birthday, Pongal and Republic Day Celebrations in the month of January. It was a beautifully organised event and motivational too in so many ways. We realised how much we learn from these children who come from underprivileged communities. We admire their unbridled free spirit that wants to soar high, the yearning for learning, the aspirations and goals they want to achieve through hard work and dedication and their love for the two of you. You have ensured a belly that is always full but have kindled the fire within that grows unabated. There are so many of them who make you proud today and so many who are waiting to join the others on the road to success. Nothing can be more divine than what you are doing for these little ones and we will always be grateful for whatever little time we can spend with them.



NIKSHAY MITRA

18 January : around 34 packets of nutritious food were distributed to TB Patients and their families at RDK. This is an ongoing project with almost 80 to 90 food packets being distributed every month.



HOMEOPATHY CAMPS

We continue giving updates on our signature project through Insta rotary_delhi_central and the pages of your favourite newsletter 'Fountain'. Happy to let you know that the Homeopathy Camps are a huge success this year and there are more than 250 persons per month who are treated for minor ailments by Dr Jyoti. It's a signature project this year and no other club in the District has taken it up on the scale that we have achieved thanks to the consistent efforts of Dr Jyoti, Khushi Tyagi, PP Rtn Viney Singal, PP Rtn Vineet Bhagat and PP Rtn OP Manchanda. The details for the month of Jan are as follows

2 Jan : Camp at Vishwas Nagar -- 29 patients

9 Jan : Camp at Vishwas Nagar Colony -- 29 patients

14 Jan: Camp at Karkardooma jhuggi colony - 52 patients

23 Jan : Camp at Vishwas Nagar Colony -- 40 patients

24 January : Camp at Sermapuri, Tahirpur -- 62 patients

28 January : Camp at Vishwas Nagar Colony - 53 patients

In total 265 patients received Homeopathy treatment for minor ailments in the month of January. Kudos to Team RCDC !!

2nd January 2025



9 January 2025



14 January 2025



23 January 2025

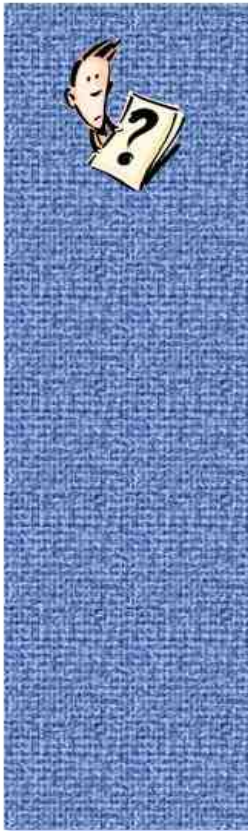


24 January 2025



28 January 2025





Definition of Rotary



Rotary is an organization of business and professional leaders united worldwide, who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world.

There are approximately 1.2 million Rotarians, members of more than 29,000 Rotary clubs in 161 countries.

Knowing the Basics about Rotary

CELEBRATIONS

BIRTHDAYS IN FEBRUARY

02-Feb Rtn Hari Subramaniam
05-Feb Rtn Pradeep Sethia
07-Feb Rtn Sudershan Lal Sharma
09-Feb Rtn R K Sinha
11-Feb Rtn Shashi Aggarwal
12-Feb Rtn Himanshu Agarwal
22-Feb Rtn K. Lalitha Subramanian

ANNIVERSARIES IN FEBRUARY

02-Feb Rtn Dr. Ashish & Divya Malik
05-Feb Rtn Manish & Sheetal Gupta
06-Feb Rtn Shashi Kakar & Dr Ravinder Kakar
12-Feb Rtn Om Parkash & Vinita Manchanda
14-Feb Rtn Vinit & Sunita Vidyarthi
22-Feb Rtn Dr. Suneel Mutneja & Harjeet Kaur
24-Feb Rtn Sanjeev & Rosy Malhotra
25-Feb Rtn Amit & Rashmi Modi



EDITOR



**Rtn Padmini
Parameswaran**

**Rtn Dr Suneel
Mutneja**